



DISSOCIATIVE DISORDERS CONSULTATION GROUP ● 2016

Sheralyn Cox, Ph.D.

First Fridays*, 9:00 - 10:30 a.m.

no January meeting
May 6
September 2

February 5
June 3
October 7

March 4
July 1
November 4

April 8*
August 5
December 2

*note April meeting has been changed to 2nd Friday

Group is open to mental health professionals who have completed Sherry's introductory or advanced seminars, or equivalent training. Focus will be placed upon increasing expertise in assessment and treatment of the dissociative disorders. Group participants are invited to present cases with the goal of obtaining assistance in case analysis, treatment planning, and intervention strategy selection. Cost is \$35.00 per session attended. Group meets in Suite 312 of Plaza Mall South, 1919 So. 40th Street, Lincoln, Nebraska 68506.

For Information Contact:

Psychotherapy Associates
402-475-5069 ● cox@psychotherapyassoc.com ● www.psychotherapyassoc.com

Each group session meets criteria of an approved continuing education program for 1.5 CEUs for Nebraska Licensed Mental Health Practitioners, Nebraska Certified Marriage and Family Therapists, Nebraska Certified Professional Counselors, and Nebraska Certified Master Social Workers.

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Prerequisite: Advanced training in treatment of dissociative disorders, or equivalent.

Recommended Reading:

- Courtois, Christine & Ford, Julian, Treating Complex Traumatic Stress Disorders: An Evidence-Based Guide, 2009
- International Society for the Study of Trauma and Dissociation, Guidelines for Treatment of Dissociative Identity Disorder in Adults, Third Revision. 2011
- Putnam, Frank, Diagnosis and Treatment of Multiple Personality Disorder, 1989 (*still the best comprehensive text in Sherry's opinion*)
- Steinberg, Marlene, The Stranger in the Mirror, 2000
- Van der Kolk, Bessel, The Body Keeps the Score, 2014

Purpose of Consultation:

- Ensure quality of client care
- Decrease liability risks
- Increase acceptance of third party payors

Objectives:

Participants will be able to:

- Apply dissociative disorder treatment principles to clients currently in psychotherapy
- Use supervised role-play and case analysis to choose and refine treatment interventions appropriate to dissociative disorder clients
- Develop and appropriately modify individualized treatment plans for clients with dissociative disorders
- Facilitate patient progression through stages of dissociative disorder treatment

Membership Notes:

Since we've found that following the progress of a case over a period of months is a helpful learning experience, group members are asked to make an informal commitment to each other to attend at least half of the group's monthly meetings.

Fees are \$35.00 per session attended and can be paid at each meeting or billed at the end of each month.

Our primary learning tool will be case analysis so please come to group ready to share examples from your clinical experience. We will be using the following guidelines to protect the privileged communications and confidentiality of clients:

- Membership in the group entails a contract among members to share professional information for the purpose of consultation and to share the primary therapist's duty to protect the client's confidentiality;
- Client names and case history details will be altered to minimize potential for recognition;
- Handwriting, artwork and other client productions will be shared with the group only with the client's express consent;
- Whenever possible, the client's informed consent for therapy material to be presented in group will be obtained prior to any presentation of case material.